

# School Day of Non-violence and Peace

The School Day of Non-violence and is an observance founded by the Spanish poet Llorenç Vidal Vidal in Majorca in 1964 as a starting point and support for a pacifying and non-violent education of a permanent character. The "School Day of Non-violence and Peace" is observed on January 30 or thereabouts every year, on the anniversary of the death of Mahatma Gandhi, in schools all over the world. (Wikipedia) This year, we want celebrate this day with students from different countries. Please, put in this mural a sentence to promote the peace and against bullying. In the end of the sentence, write your name and country. Thanks from Portugal. Team integrated in the project "Connecting Classrooms", 30th January 2014

TERESALACERDA JAN 22, 2014 04:53PM

## Paz perpetua e

Los ejércitos permanentes deberán desaparecer por completo con el tiempo

## Maria do Carmo Oliveira - Agrupamento nº 3 de Elvas Portugal

O medo e a mentira são geradores de violência psicológica quando criados com o propósito de humilhar e afastar os que incomodam!

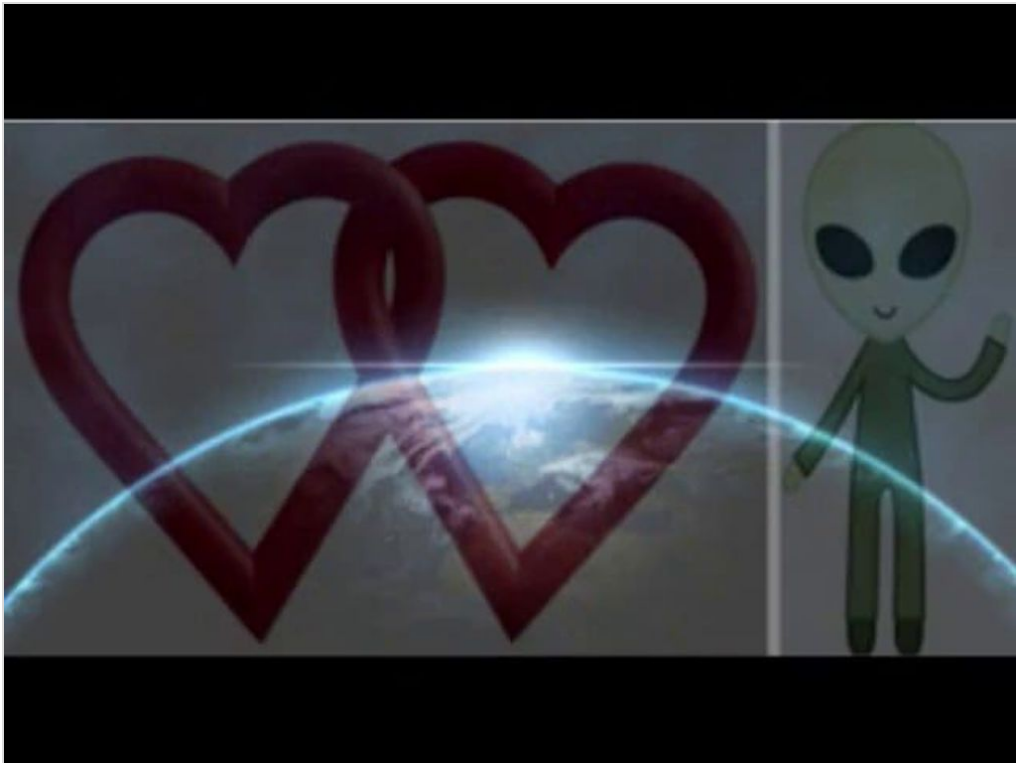
## Filipe Santos (Agrupamento de Escolas de Coruche, Portugal)

"Nada é mais desprezível que o respeito baseado no medo"  
(Albert Camus)



**Riccardo Ricceri, Primary School "Antonio Curina", Arezzo Italy.**

Thanks eTwinning for the opportunity to promote and share the values of friendship and universal peace, which should have no end, nor boundaries. We are happy to consider "My Alien Friend" as the result of an international cooperation and valuable educational opportunity to teach respect for diversity and recognize these as a source of enrichment for all, through collaboration, sharing, solidarity.



**My Alien Friend**

This is "My Alien Friend" by on Vimeo, the home for high quality videos and the people who love them.

VIMEO

**Lúcia Carvalho**

ESSG

"O que me preocupa não é nem o grito dos corruptos, dos violentos, dos desonestos, dos sem caráter, dos sem ética... O que me preocupa é o silêncio dos bons."

Martin Luther King

**Love Yourself**

**Mariana Gomes, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“There should be no violence, there should be peace. Let people live their lives, let them be free. Say NO to bullying.”

**Gabriela Sendin, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Bullying is showing others our own flaws”

**Ana Esteves, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“ Say no to bullying, without violence we are happier”

**Maria Escusa, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Say NO to bullying, life will be better”

**Maria Francisca, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Wild and running for one reason, don’t let them stop you from your freedom”

**Pedro Delgado, 9ºA – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Stop violence! Everybody wants to live in peace”

**Bárbara Dias, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“The world is better when it’s colourful! Stop violence!”

**Joana Rego, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Learn to live with the differences of others”

**Ana Carolina, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“People who bully other people don’t have a reflex in the mirror, They are nothing”

**Bruno Matos, CEF, EB 2,3 Lameações –Braga/ PORTUGAL**

“No to violence at school”

**Bárbara Branco, 9ºA – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Madness goes away, your mistakes don’t.”

**Cátia Antunes, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Bullying someone because you feel bad about yourself is ridiculous....Say NO to bullying”

**Lino, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“If someone is putting you down, because in their heads they are better than you and you let them, just don’t! Don’t give them that pleasure! Stop bullying!”

**Mariana Castro, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Don’t let other people “label” you with something they want just so they can feel better about their hypocrite selves”

**Joana Branco, 8.7 – EB 2,3 de Lameações – Braga / PORTUGAL**

“Keep calm and say NO to Bullying!”

**(José Pedro Ferreira, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL)**

“Never bully anyone, because someday someone can bully you.”

**Bárbara Sousa, 9ºA – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Never put someone else down to make yourself feel better”

**José Pedro Ferreira, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Never bully anyone, because someday someone can bully you.”

**Cecília Ferreira, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Violence isn’t strength, it’s weakness, and it will never create anything, only destroy it”

**Laura Cainé, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“When you say YES to bullying, you’re destroying someone’s life”

**Duarte Marques, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Embarrassing other people just because you’re angry at yourself is no excuse! Stop bullying!”

**Bruna Ferraz, 8.7 – EB 2,3 de Lamações – Braga / PORTUGAL**

“ Relax, no stress, less bullying – MORE PEACE!”

**António, Ismael and Hugo, 8.7 – EB 2,3 de Lamações – Braga / PORTUGAL**

“In my world, bullying is not welcomed”

**Bruna Araújo, 9ºA – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Don’t hide your pain, show your LOVE”

**Laura Machado, 9ºA – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Don’t bully people! Try to hug them instead!”

**Eduarda Silva, 8.7 – EB 2,3 de Lamações – Braga / PORTUGAL**

“Violence hurts, peace brings happiness”

**Margarida Pimenta, 9ºA – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“People you bully today, may not be there tomorrow. STOP IT!”

**Elisabete Castro, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“Bullying is a way of violence, violence is a way of madness – Stop bullying”

**Beatriz Castro, 9ºD – Escola Secundária Dona Maria II – Braga / PORTUGAL**

“No more suffering and fear, all together let’s make bullying disappear.”

**Ana Rita Correia, 8.9 – EB 2,3 de Lamações – Braga / PORTUGAL**

“Bullying is like a sheet of crumpled paper: as much as we try to straighten it out, it will never come to its original state.”

**Ana Rafaela 9ºD – Agrupamento Maria II – Braga / PORTUGAL**

“Your words have POWER – use them wisely. STOP VIOLENCE!

**Agrupamento D. Maria II**





**Agrupamento D. Maria II**

Eduarda Silva



**Agrupamento D. Maria II**

Vasco and Ruben



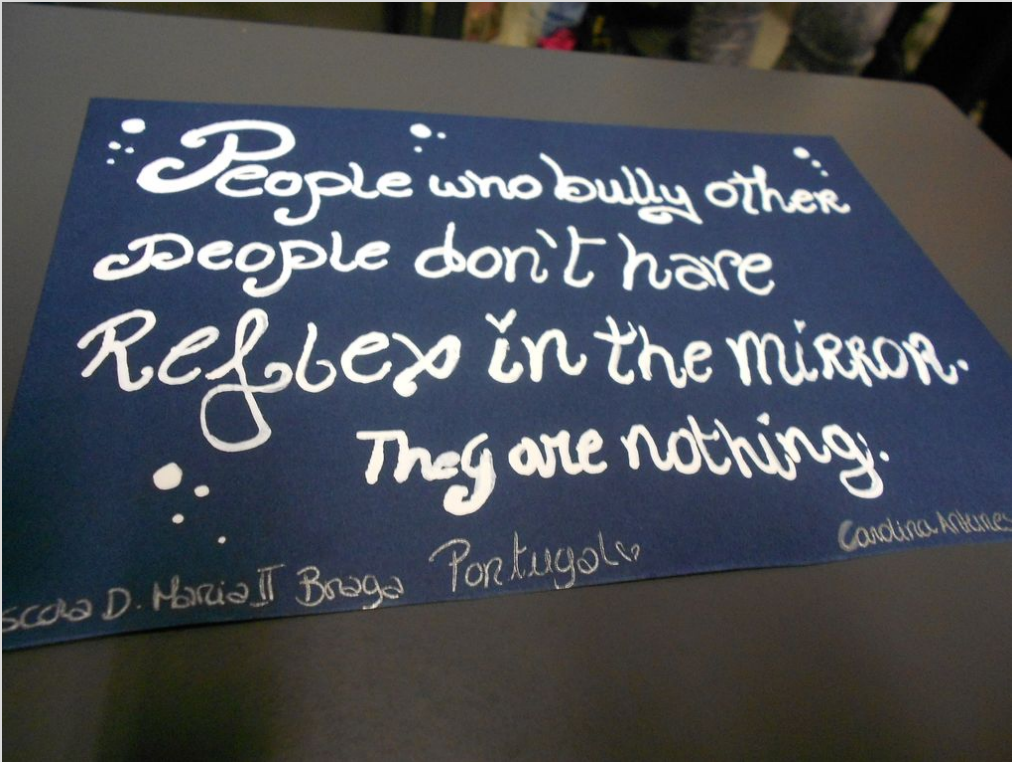
## Agrupamento D. Maria II

Carolina

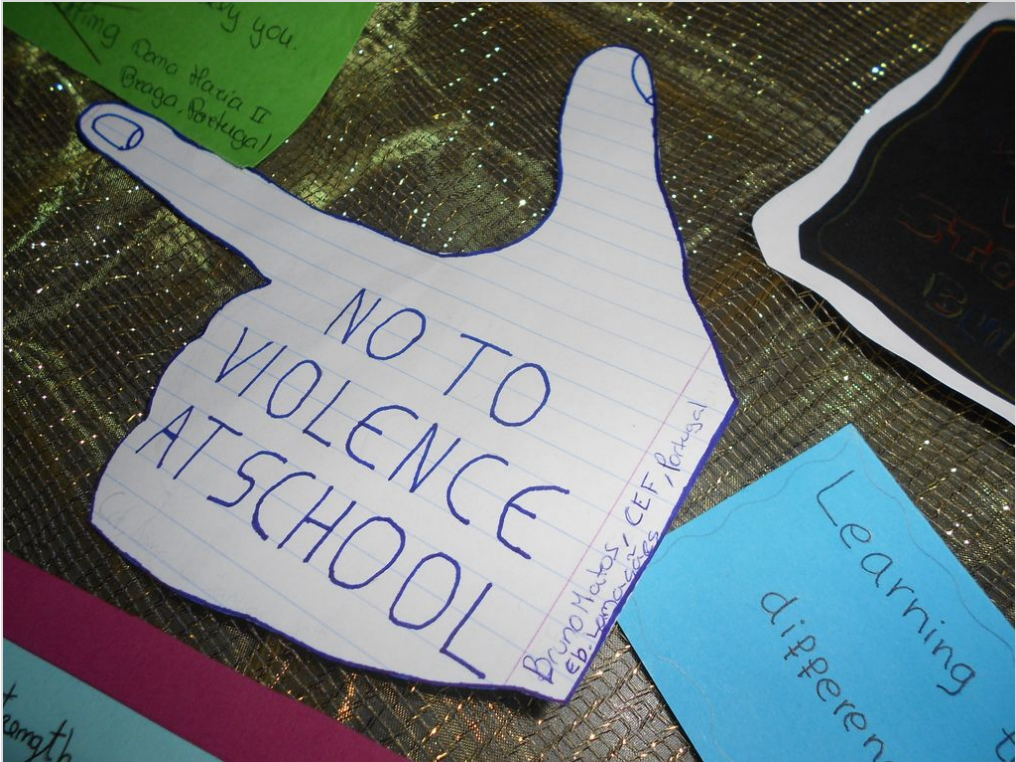
## Agrupamento D. Maria II

Carolina



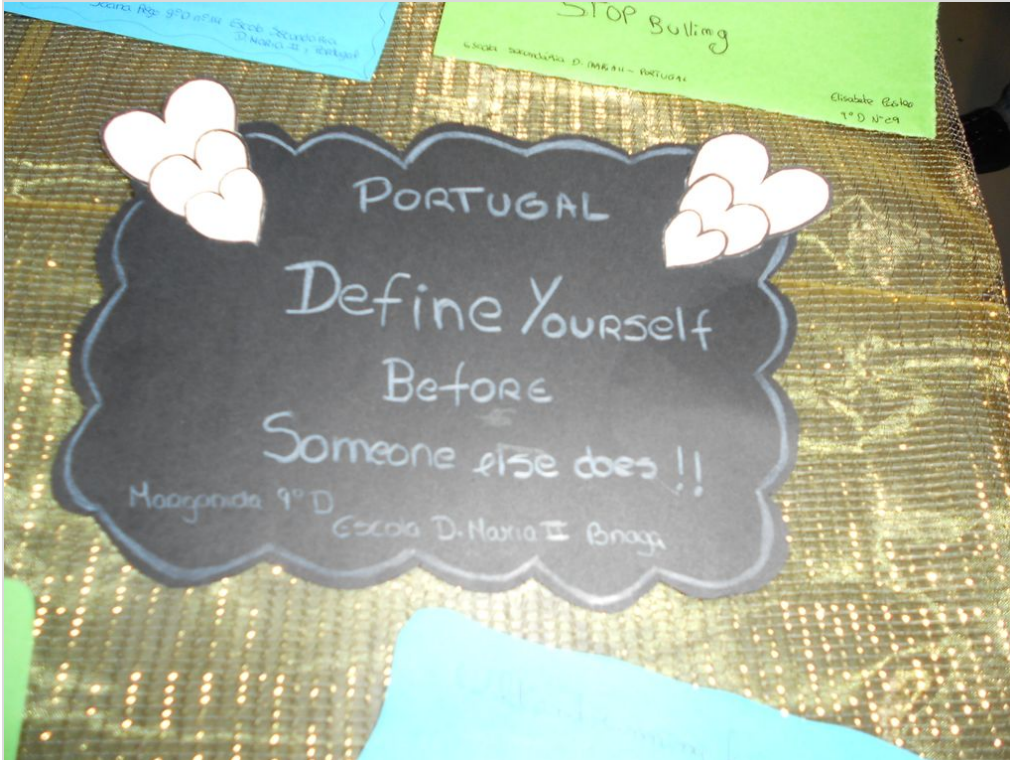


**Agrupamento D. Maria II**



**Agrupamento D. Maria II**

Margarida



**Agrupamento D. Maria II**



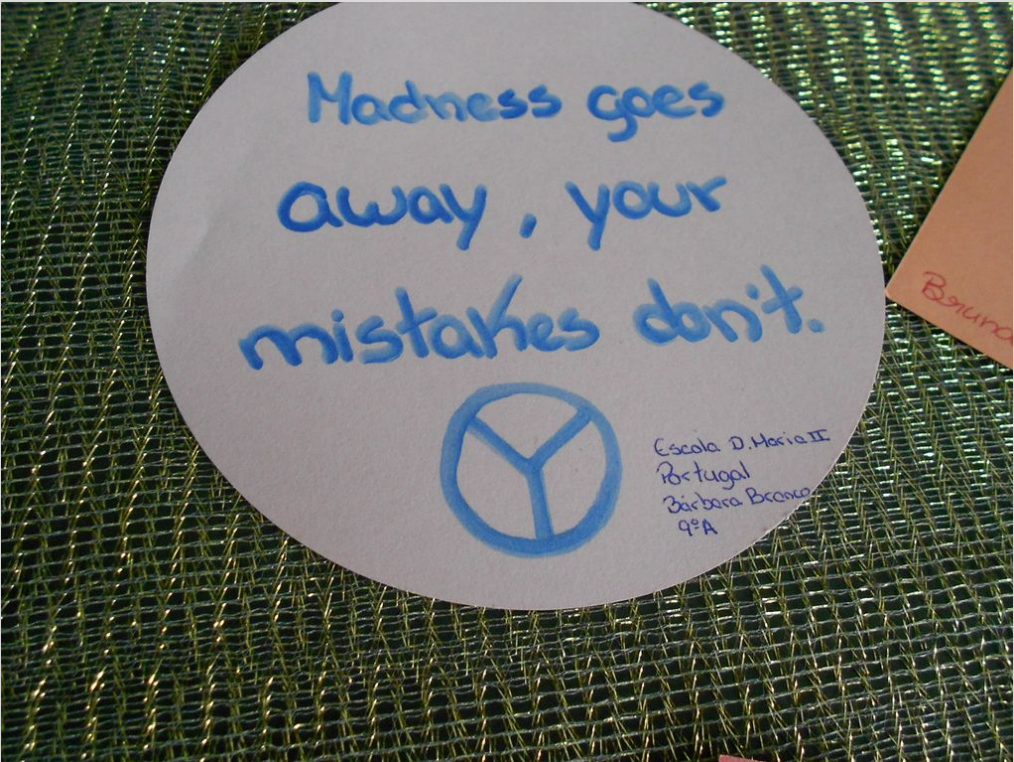
**Agrupamento D. Maria II**





# Agrupamento D. Maria II

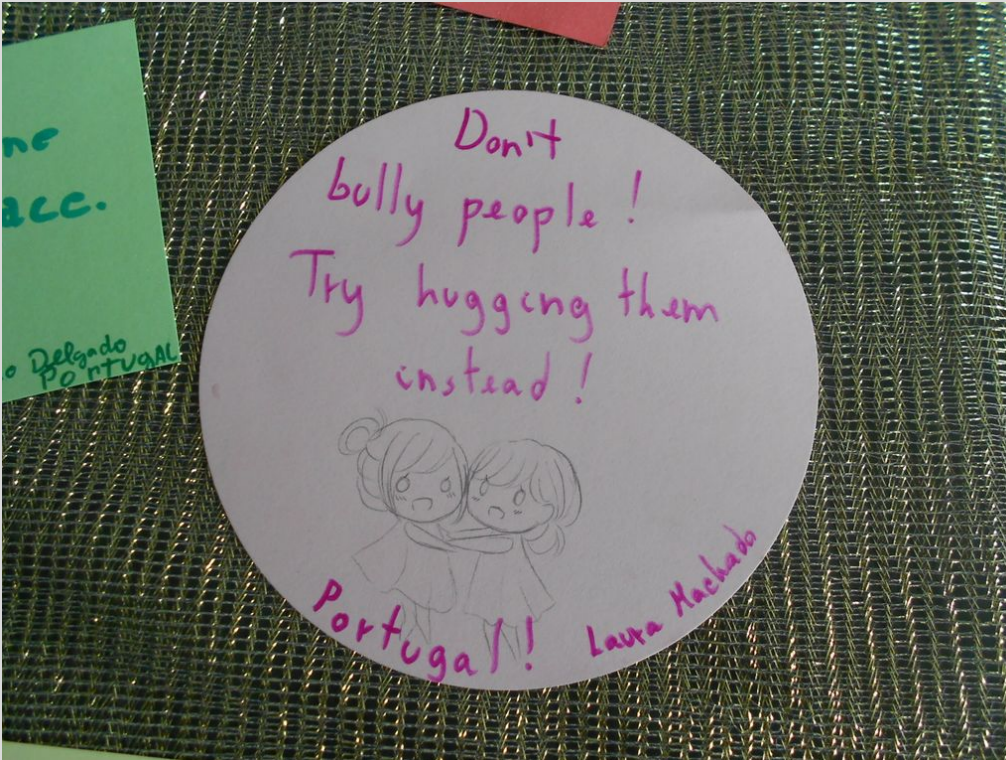
Barbara Branco



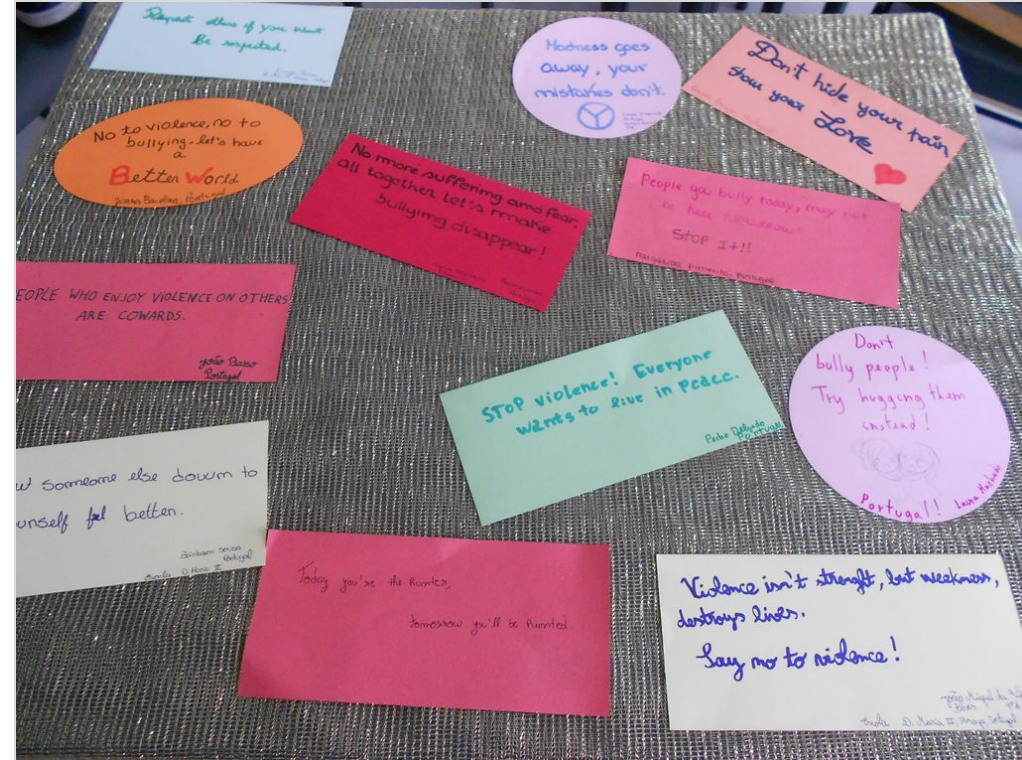
# Agrupamento D. Maria II

Laura Machado





## Agrupamento D. Maria



**Marina Fumagalli Liceo Arnaldo Brescia Italy**

Augurarsi la pace non basta, bisogna agire per realizzarla, altrimenti il rischio è quello indicato da Demostene nella III filippica: "A me sembra che stiamo a guardare come si fa con la grandine: ciascuno prega che non gli venga addosso, ma nessuno tenta di impedirlo"

**Aurora Araújo, Portugal, (ESCA)**

To live in peace is the best luxury in life.

**Joana Alves/Escola Básica Eugénio de Andrade/6th G**

A friend can teach you like a book and give you advice wherever you look.

**Alexandre Costa/Escola Básica Eugénio de Andrade/6th G**

A friend is loyal and fierce like a tiger. He protects from the cold and the fire. Make friends



**Diane Ferreira/Escola Básica Eugénio de Andrade/6th G**

Peace is love and friendship,so be happy

**Diogo Violante/Escola Básica Eugénio de Andrade/6th G**

Peace begins in your heart.

Why bullying? Don't start!

**Duarte Caseiro/Escola Básica Eugénio de Andrade/6th G**

Peace starts at home and at school, so make friends and be happy.

**Wallacy Conceição /Escola Básica Eugénio de Andrade 6th D**

give peace a chance

**Alexandre Monteiro/Escola Básica Eugénio de Andrade 6th D**

talk about peace and clear your mind.

**Miguel Resende/Escola Básica Eugénio de Andrade 6th D**

Peace is stronger than war

**Tomás Castro/Escola Básica Eugénio de Andrade 6 th D**

make the world a better place, - be peaceful

**Filipe Reis/Escola Básica Eugénio de Andrade 6 th D**

my big dream is the world peace

**Guilherme Camões Porto EScola Básica Eugénio de Andrade 6th D**

Peace is Love

**Mª Luísa Gonçalves - Portugal**

Si cada uno hace lo suyo y deja el mundo un poquito mejor de lo que lo ha encontrado...estará contribuyendo para la Paz...

**Manuela Rocha, Portugal**

We must join our energies to create a world of freedom and non-violence.

**Manuela Sampaio - Portugal**

TO CELEBRATE

We just need to celebrate certain days (Peace, Tolerance ...)

because Mankind easily forgets about these important iissues.

**Helena Leite / Escola Alberto Sampaio - Braga**

Make TOLERANCE your moto!

**Isabel Morais Costa**

:)

Peace

**Filomena Quintela, Portugal**

It's so sad peace needs a day to be remembered...

**Luis Almendra**

Live in peace and friendship

Portugal

**Lara Lima**

Peace and love is everything

**Margarida Meneses, Portugal**

"Imagine all the people living life in peace..."

**Diogo Silva,Portugal**

The peace is the strongest weapon in the world.

Agrupamento de Escolas de Póvoa de Lanhoso

**Filipa Silva, Portugal**

Contribua com paz para um mundo melhor.

:)

it is so hard for me to know i like you but that it's impossible to love ya .'

**someone**

love your neighbours as yourself

**you will never know**

zeven days....

**Carolina Vale e Juliana Sousa, Portugal**

Don't silence bullying. Today for someone, tomorrow for you.

Agrupamento de Escolas da Póvoa de Lanhoso

**Alexandra De Matos, Portugal**

Weakness or strengthness, make your choice.

Agrupamento de Escolas da Póvoa de Lanhoso

**Inês Lourenço, Portugal**

Let discrimination die, not your dignity.

Agrupamento de Escolas da Póvoa de Lanhoso

**Diana e Raquel, Portugal**

Why would you make someone unhappy with bullying, when you can make them smile with peace?

Agrupamento de Escolas da Póvoa de Lanhoso

**Sergio Costa, Portugal**

The only way to fight bullying is to denounce it.

Agrupamento de Escolas da Póvoa de Lanhoso

**Beatriz e Luiza, Portugal**

Don't do to others what you wouldn't like them to do to you.

Agrupamento de Escolas da Póvoa de Lanhoso

**Lucas Baurichter**

Peace and war only about the way you behave

**Robert-Jan**

I think it is good that there is a day of peace

PS Love the day olso if it a bad day :)

Robert-Jan NL

**LOVE YOURSELF**

**LOVE YOURSELF**



**LOVE YOURSELF**

**-y**

amor es la remedia en estos tiempos...

**LOVE YOURSELF**

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**LOVE YOURSELF**

**Theodoor the Netherlands**

why does everyone don't stop with fighting. and talk with eachother xd

**ya.nni**

music is the soundtrack of my life <3

**Jonas**

we can make peace, but not on the way we are doing it now.

Jonas, the Netherlands

**LOVE YOURSELF, THE PEACE IS ALLREADY COMING**

:) O1B .. I'm a girl by de way ..

**mark for u**

yolo

**yani**

friendship is like a circle it has no end

:)

**mark voor u**

yolo

**Klaas Sinter .. WAR IS NOT GOOD PEOPLE!**

I hope, one day... Everyone get Peace.

From The Netherlands..

12 Years old..

**Peace can change many lives.**

Peace will make people happy,

Peace wil let people stay alive,

Peace is important for everyone

So my dream is peace for everyone

**anomiem**

heeei knapperd xx hoe gaat het? afspreken?

**someone**

dont look back if sinderella looked back she dont was become a prinses XD

**Yani**

love the life you live, live the life you love <3

Netherlands

**Veronica The Netherlands**

my dream is Peace for everyone

**Ângelo Fernandes,Portugal**

Peace is the most powerful weapon that kills all the wars.

Agrupamento de Escolas da Póvoa de Lanhoso

**Cristiana Costa, Portugal**

Education is our path to freedom.

Agrupamento de Escolas da Póvoa de Lanhoso

**Matilde Dias, Portugal**

If you want to change behaviours, change minds first.

Agrupamento de Escolas da Póvoa de Lanhoso

**Cristiana Silva, Portugal**

Make peace, choose love so that the world becomes a better place.

Agrupamento de Escolas da Póvoa de Lanhoso

**Vitor Barbosa,Portugal**

Peace is a rainbow of colours.

Agrupamento de Escolas da Póvoa de Lanhoso

**soraia silva, portugal**

The change starts in ourselves.

Agrupamento de Escolas da Póvoa de Lanhoso

**Flávio Castro ,Portugal**

Peace is love that burns without seeing it.

Agrupamento de Escolas da Póvoa de Lanhoso

**Rita Barros, Portugal**

Equality must be respected.

Agrupamento de Escolas da Póvoa de Lanhoso

**Patrícia Nogueira, Portugal**

"Love is our weapon" Chris Drew

Agrupamento de Escolas da Póvoa de Lanhoso

**<font><font class="goog-text-highlight">We CAN do it...All together&nbsp;</font></font>**

Dimitriadou Ioanna, Thessaloniki, Greece

**11B Agrupamento de Escolas D. Maria II, Braga, Portugal**

Maria Ferreira, Diana Pereira e Margarida Rodrigues

If you want a better world, say no to violence

**11B Agrupamento de Escolas D. Maria II**

Carla Oliveira, Inês Oliveira. Rafael Ferreira e José Soares

Fight bullying with love and harmony.



## 11B Agrupamento de Escolas D. Maria II, Braga, Portugal

Alexandra Barbosa, Patrícia Silva e Sara Gomes

In doubt, choose a

## 11B Agrupamento de Escolas D. Maria II, Braga, Portu

Juliana Barbosa, João Monteiro e Miguel Ribeiro

Bullying kills, kill bullying.

## 11B Agrupamento de Escolas D. Maria II, Braga, Portugal

Adriana Costa, Nuno Macedo e Sara Vieira

Make School a safer place. Say no to violence.

## Senel Muslu, Turkey

A victory won by violence is a defeat indeed.

## 11B Agrupamento de Escolas D. Maria II

Joana Alves, Patrícia Rodrigues e Sara Cunha

If you want to look at yourself in the mirror every morning and like what you see, treat the others as you like to be treated

## Dimitra Dimitraka, student

If you want to make Peace with your enemy, you have to work with your enemy.

Then he becomes your partner!

HIGH SCHOOL OF MOUDROS , LIMNOS

## Eleftheria Konstantiou, student

"Peace begins with a smile"

Mother Teresa

HIGH SCHOOL OF MOUDROS

LIMNOS, GREECE

## Münevver Armay/TURKEY

Mustafa Kemal Atatürk who is our leader said:"Peace at home;peace at world."

Because the world needs this.

## 11B Agrupamento de Escolas D. Maria II, Braga, Portugal

Luís Ribeiro, Inês Silva and João Peixoto

Can we stop violence at school? YES, we can

## Argyro Voulvoutzidou, student

Peace is an extremely powerful weapon which

if it is used properly, a global temple of love and

brotherhood may be created.

HIGH SCHOOL OF MOYDROS, LIMNOS,GREECE

## António Rocha / Bulling

Word also can kill...

So we should use then the best way we can.

Use only words that can heal...

## Daniela Badea CN Nichita Stanescu Ploiesti Romania

Peace is harmony; it is the fruit of love.

## Triantafyllia Vrana, Moudros,Greece

" Peace is its own reward" Gandhi

**Tiago, Catarina, Raquel, Igor 12°A ESDJGFA**

The true warrior is the one who fights without violence.

Portugal

**Manuela, Nuno, Rita, Melissa 12°A ESDJGFA**

If we want a world without violence

We have to be wise

We can't keep this silence

In order to live in Paradise :)

Portugal

**Patrícia S., Patrícia C., Guilherme, Alexandre 12°A ESDJGFA**

Peace is the ground of humanity  
it is the hope of better life,  
because it helps create bonds of quality  
being truth the bright side  
Portugal

**Sofia, Lúcia, Bárbara 12oA ESDJGFA**

Peace is the horizon that we all must reach.

Portugal

**Pedro, Daniel, Rui,Hugo 12°A ESDJGFA**

Peace and love is the way

End of war is all we need

A simple person can think and say

Come with me to vanish the greed

Enter in our world and you'll see

Peace is a worthy world

Portugal

**Adelina Moura, Portugal**

Peace and love for the world.  
Paz e Amor para o mundo.  
Paix et Amour pour le monde.  
Paz y amor para el mundo.  
hòa bình và tình yêu dành cho thế giới

**Rabia Ozgur -Ankara,Turkey**

War includes pain and sorrow, but peace makes you feel happy.

**OLcay Oral Turkey**

Establishing lasting peace is the work of EDUCATION ,all  
  
politics can do is keep us out of war.

**Olcay Oral Turkey**

Peace can not be achieved by force.It can only be achieved by understanding

**Vergil A.Checchi Italy**

Amor vincit omnia.

**Tacitus A. Checchi Italy**

Noli desertum facere,  
  
sed pacem.

**Wind (Alessandra Satti) A. Checchi Italy**

Peace is like wind,  
  
it comes hardly when you want,

but when it arrives,

it brings away anything dead in the nature.

**War (Edoardo Giannoni) A. Checchi Italy**

Who is in peace has got happiness and joy in himself,

not the one who has just won a war.

**Dream (Elisa Mariotti) A. Checchi Italy**

Peace is something complicated,

something that is difficult to obtain,

but when you find it,

you could be the most lucky one,

you can DREAM.

**Peace (Giuseppe Liguori) A. Checchi Italy**

There was a noble and incorruptible dream...

a great and charismatic ideal...

It was peace.

**Grazyna Tucholska, SP 171 Warszawa, Poland**

Listen to other people, observe, find time to understand or let them live their life in peace if you cannot.

**Ursachi Mihaela /Colegiul Tehnic "Petru Poni " Roman, Romania**

Violence is the weapon of the weak. Non-violence is the weapon of the strong.

**Muriele Dejaune (Lycee Louis Bleriot, vocational school France)**

Peace

Everyday

All around the world

Comforting and

Everlasting

**Xanthi Albanaki, Greece**

All together we can stop the violence and make the world better

**Marta & Catarina 10oB ESDJGFA**

Free yourself from prejudice and then the world will be free.

**Rafaela Seixas Mariana Esteves 10B ESDJGFA**

Peace is a hard thing to achieve. Some are brave enough and fight for it, some simply give up.

**Mónica/Bárbara 10B ESDJGFA**

Peace is the biggest weapon in the world, it can unit all of us against violence

**Soraia Oliveira 10ºB ESDJGFA**

I may fall many times because of you, but after I fall, I will get up and tell you how wrong you wre.

The violence is not a way to solve our problems.

**Raquel e Viviana 10ºB ESDJGFA**

We all have the right to smile. If you want it, stop bullying and help the others to live in peace.



**Tiago Brito, Rogério Moreira, Rui Leite 10°B ESDJGFA**

I have a dream: a world full of peace

**Beatriz Geraldес 10°B ESDJGFA**

We have to have inner peace to be in peace with the others :)

Portugal

**Amélia Fidalgo 10°B ESDJGFA**

Peace is the fuel that makes the world a better invention

**Ricardo Monteiro 10°B ESDJGFA**

Peace can destroy violence.

**João Fernandes, Júlia,Inês Santos, 10°B, ESDJGFA**

Violence shouldn’t exist because the best way to live is in peace!

Say no to violence

**Francisco Ramos 10oB ESDJGFA**

The peace is a best way to win the war!

**André Macedo, João Rodrigues 10°B ESDJGFA**

Peace is a piece of Everything.

Portugal

**Andreia Moreira 10°B ESDJGFA**

The non-violence isn't a right, it's an obrigation.

**Inês Paz dos Reis e André Silva 12°C ESDJ**

The first step for peace in the world is kindness.

Portugal

**Ana Cláudia, Isac Lopes 12°C ESDJGFA**

Peace is what the world needs.

Portugal

**André Silva 12°C ESDJGFA**

If peace is what you want, war is what you must end.

Portugal

**Cornelia Melcu (Nicolae Orghidan School, Brasov, Romania**

Peace is coming from our souls...Never let it go.

**Javier Méndez**

Peace is the starting point for a better world.

Spain

**Adam Stepinski (Copernicus Upper-Secondary School, Tarnobrzeg, Poland)**

In the contemporary world peace seems to be one of the most desirable values. It's not easy to have inner peace especially due to the rush we are surrounded by.

**Ana Oliveira ESDJGFA**

Peace is never hard to achieve. It depends on how"clean" your soul is.

Portugal

**Bruno, Nânci, Inês e Ana, 12ºB ESDJGFA**

We want you to be a peace maker.

Portugal

**Mónica Marques 12ºB ESDJ**

Peace is the weapon that will

save mankind.

Portugal

**Guilherme Aguiar/Paulo Pinto 12ºB**

If there is something to be changed in this world, then it can only happen through peace .

**Helena Reis 11D ESDJGFA**

Peace shouldn't be something we fight for.

It should simply exist

**Mariana Santos 11oE ESDJGFA**

Before we make our world peaceful,

We should find our inner peace

**André Coutinho 11ºE ESDJGFA**

Achieving peace is always the right thing to do.

**Jorge Soares 11ºE ESDJGFA**

A piece of peace

is something

But a chunk of it

is everything

**Teresa Lacerda, Portugal**

I took the anti-bullying pledge!

(Agrupamento de Escolas de Póvoa de Lanhoso)

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